

Coaching Professors Online Life-Path Workshops

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“Onion Skins” – How we keep others distant from us – A deep investigation of the “self” and what stops us from being exactly the way we are today. What will happen if I tell the truth about myself? This workshop is for those individuals who are truly open to rediscovering important parts of themselves that have been hidden.

QUESTION: What Do You Mean By “Onion Skins”?

ANSWER: That is a great question. Our observation is that most people do not reveal who they truly are – they hide behind a façade...we call these façades onion skins, because it is very difficult to peel away the layers and reveal the true self, without a few tears...

QUESTION: Who Should Attend This Type Workshop?

ANSWER: Anyone who finds it difficult to share who they really are; anyone who finds getting close to people difficult or prevents others from getting close to them, anyone who is ready for an open and honest relationship. Participants clearly learn what drives them to hide from their friends and partners, and what they need to do in order to open up.

QUESTION: Is It Hard To Become Completely Open And Honest With Others?

ANSWER: Our experience is that people cannot become honest with others until they are honest with themselves, some participants shift very easily, others find it more challenging – however, all go as far as they are ready to go...

We invite you to join us at www.coachingprofessors.com to discover how we do what we do and how we can help you can transform your life with our online programs. Attending our programs has now become easy, convenient and spectacularly rewarding.